

OLIVE CREST® Mental Health

Olive Crest Mental Health services strive to provide therapeutic support to both children and families impacted by the trauma, transition, and loss that are often experienced by those within the child welfare system.

Our skilled staff is equipped to aid children and families in learning healthy coping skills to deal with the negative impact from these situations. Our goal is to help children develop greater self awareness and confidence, as well as increase their ability to recognize, express, and manage emotions in healthy ways.

We believe that each child has the resiliency to work through challenges, if given support and the opportunity to do so.

- Specialized in training around foster care, adoption, attachment issues, behavioral issues, trauma, family dynamics, and parenting coaching
- All therapists trained in TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)
- Onsite therapeutic play facility
- Medicaid provider
- Access to psychiatric care and medication management, if applicable
- Clinicians supervised regularly by Licensed Mental Health Professional
- Coordination of care with others involved in the child or family's support system (case management, social workers, doctors, teachers, etc.)
- Emphasis on building positive relationships through communication training
- We are able to provide counseling services at the child's school, home, or in our office



For inquiries, please call our Mental Health Supervisor at 425.462.1612, x1360, or faith-knowles@olivecrest.org.